

# St. Croix International Quilters 3D MOLDED EMBELLISHMENTS

Wednesday, August 1  
6:00 pm to 8:00 pm

By Marina Towne 530-333-5275 or [marinatowne@gmail.com](mailto:marinatowne@gmail.com)

If you like to add a 3D affect to a quilted wall hanging this workshop will demonstrate an easy method using Heat 'n Bond Ultra-Hold iron on adhesive.

We will make a small wall hanging (9" L x 12" W), of a 3D hydrangea with 3D leaves.  
(Photo from Joan Shay online.)



## Pattern Information

I will have a pattern drawn, for the hydrangea petals, stem and leaves.

If you want to make something else, we can do that too, but the steps will be slightly different. You could use a fabric with a printed motif, like a butterfly that you want to make into a 3D embellishment. Or, you could make a pattern and for example, make 3D wings for a bird. Please call or email me before the workshop if you'd like to do anything other than the hydrangea, so we can plan out the project.



## Supplies

- *Background fabric:* 10" x 12" in size, in a light color to contrast and complement the flower petals and leaves.
- *Hydrangea fabric:* one fat quarter (8" x 22"), preferably batik but doesn't have to be, in a blue, pink or any color you want for your flower petals.
- *Flower centers:* glass beads (so they don't melt), OR thread or embroidery floss to make French knots, in a contrasting color to flower petals.
- *Stem:* one piece of green fabric 7" x 1", preferably cut on the bias, to fashion a stem.
- *Leaves:* two pieces of green fabric scraps, 2 1/2" x 4". The stem and leaves could be made of the same fabric or from different fabrics.
- *Freezer paper* to cut petal templates. I will provide at least one template for each person so you don't need to bring this if you don't have any.
- *Scissors* for cutting paper and fabric.
- *Fabric marker* to trace the petal and leaf patterns onto the fabric in preparation for cutting.
- *Heat n Bond Ultra-Hold* iron on adhesive 8" x 17". (If you need some I can buy a 17" x 36" size from Amazon for \$2.97, no shipping charge, but need to know about a week ahead of the workshop.)
- *Backing and Batting:* 12" x 14" size. Bigger if you want to add a border. *We won't do the quilt sandwich in the workshop, so you don't need to bring this along.*

## Other Supplies and Equipment

- The flowers, stem and leaves will be hand stitched. *However, if you want to hold down the stem with a zig zag or straight stitch on your machine, then bring along your sewing machine, with a zigzag or straight stitch foot.*
- Fabric marker, scissors and basic sewing supplies like straight pins, safety pins etc.
- Iron and ironing cloth for fusing.
- Quilter's ruler, rotary cutter, cutting mat.